

Identity and Empathy Activity:

Use the colored pencils/markers to mark what is important to your identity.
Mark the box of **your top three choices** with the colors indicated below.

- | | |
|--|--------|
| 1. Which of your identities are most important to you? | RED |
| 2. Which of your identities make you feel the most safe? | GREEN |
| 3. Which of your identities make you feel the least safe? | BLUE |
| 4. Which of your identities give you the most power and privilege? | YELLOW |

Race/Ethnicity	Religion	Citizenship status / nationality
Geographical location	Family	Language
Gender and Sexual Orientation	Political beliefs	Physical Appearance
Personal abilities (skills)	Class/Wealth	Education



Identity and Empathy Questions

After completing the exercise, respond to the following questions.

1. How does your identity affect your actions and affect how people interact with you?
2. How does identity help you to understand historical events and current events? Give one example for each.
3. How could identities be used to humanize and dehumanize others?
4. What did you learn from this experience? Did anything surprise you about this activity?